



Urban League of Metropolitan Saint Louis, Inc.
YOUNG PROFESSIONALS
 EMPOWERING COMMUNITIES. CHANGING LIVES.

Black Excellence
MEET & GREET

SUNDAY, FEBRUARY 5, 2023
 11:00AM - 2:00PM
 ARMORY STL,
 3660 MARKET ST, STLMO



FOR MORE INFORMATION VISIT WWW.ULYP-STL.ORG



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TRAUMA
Townhall

ADVOCACY PANEL
 HOSTED BY KAREN BANKS, MED, LPC

THURSDAY, FEBRUARY 9, 2023
 7:00PM - 8:00PM
 JOIN US ON ZOOM





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Wellness & Group FITNESS CLASS

TUESDAY, FEBRUARY 7, 2023
6:30PM - 7:30PM

ROQ BODAY ACADEMY
4132 SHORELINE DR, UNIT 1
EARTH CITY, MO 63045



ONE MISSION. ONE MOVEMENT!

SPACE IS LIMITED.
REGISTER AT WWW.ULYP-STL.ORG



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23RD ANNUAL HARDEE'S Rise & Shine FOR HEAT

FRIDAY, FEBRUARY 10, 2023
6:00AM - 10:00AM

ST. CHARLES 3, ZUMBEHL RD,
ST. CHARLES, MO 63303

ST. LOUIS 13, 2110 HAMPTON
AVE, ST. LOUIS, MO 63139

O'FALLON 1, 110 E. HIGHWAY
50, O'FALLON, IL 62269



We know a lot of members had to take a step back for their own personal and professional reasons. The last couple of years were rough. That is why we have been extending everyone memberships. We know you wanted to be a part of the movement and we want you to be a part of it. We just needed to show each other some grace until the world got back to normal. If you are receiving this newsletter we consider you a member through 2023. Take advantage of your membership. We are doing some great things.

We have several committees currently seeking new members, including the Professional Development Committee and the Membership Committee. If you are interested in joining this committee or learning more about other opportunities, please reach out to us at President@uly-p-stl.org.

We hope you will consider getting involved and making your voice heard. Every member's participation is valuable and we look forward to working with you.

We hope you participate in some of the 2023 Join Week events from Feb 5 through Feb 12. The cornerstone for this year will be hosting a networking event. If you have any questions about join week please contact us at VicePresident@uly-p-stl.org

REMINDER: Going forward most of our communication will occur through our discord server that we encourage everyone to join at <https://discord.gg/X8PxnN3RMu>.

Urban League Young Professionals of Metropolitan St. Louis

an auxiliary of Urban League of Metropolitan Saint Louis, Inc.

1408 N. Kingshighway | St. Louis, MO 63113

Website: www.ULSTL.com www.ULYP-STL.org

Social Media: @ULSTL @ULYPSTL

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Upcoming Events

Grand Clean Sweep

Sep 12, 8am
